FULLY FACING INTERPERSONAL AND ORGANIZATIONAL TOXICITY

Please take a moment to identify what issues, concerns and problems are most present for you in your interpersonal and organizational contexts right now.

- [ ] Blame - I/we put energy into determining whose fault something is
- [ ] Criticism - I/we look for things that are wrong that need fixing
- [ ] Overworked - I/we routinely work outside of normal work hours and feel exhausted
- [ ] Overwhelmed - I/we don't have enough time
- [ ] Unrealistic timelines - I/we set timelines that are not reasonable
- [ ] Indecision - I/we don't make important decisions in a timely manner
- [ ] I micromanage - I/we try to control what others do in an overbearing way
- [ ] I am micromanaged - I/we are oriented toward pleasing the boss
- [ ] Scarcity - I/we don't have enough money
- [ ] Perfectionism - I/we can't make mistakes.
- [ ] Paternalism - I/we make decisions that impact others without fully involving them in the process
- [ ] Fear of Open Conflict- I/we avoid challenging one another
- [ ] Power Hoarding - I/we withhold information, resources, power from others
- [ ] Transactional goals - I/we have superficial goals that fail to tap into our passion and purpose
- [ ] Transactional relationships - I/we only reach out to others when I/we need something from them.

Please use this space to list any other toxic dynamics not listed above:

Which of these toxic dynamics are most important and urgent for you to address now?