

# IMPACT WITH INTEGRITY OUTLINE

 **Welcome Module**

- Lesson 1: Orientation
  - Lesson 2: Course Roadmap and Project Plan
  - Lesson 3: Accountability Pods
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 **Module 1: Face Your Challenge**

- Lesson 1: Initial Assessment: What Are Your Acorns?
  - Lesson 2: What Toxic Organizational Dynamics Are You Experiencing?
  - Lesson 3: What Oppressive Societal Dynamics Are you Experiencing?
  - Lesson 4: Revisit Acorns
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 **Module 2: Embrace Your Power**

- Lesson 1: Introduction to Embrace Your Power
- Lesson 2: How Are You Unconsciously Allowing Your Challenge to Persist?
- Lesson 3: Interviewing your Personas
- Lesson 4: Embracing your societal and positional power (or lack thereof)
- Lesson 5: Choosing Your Personal Power

 **Module 3: Clarify Your Commitment Part I**

- Lesson 1: Overview of clarify your commitment
  - Lesson 2: Giving Yourself Permission to Feel your Feelings.
  - Lesson 3: Befriending Sadness and Letting Go
  - Lesson 4: Using Anger to Advance Justice
  - Lesson 5: The Gift of Clarity on the Other Side
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 **Module 4: Clarify Your Commitment Part II**

- Lesson 1: Introduction
  - Lesson 2: Knowing your Yeses and Your Nos
  - Lesson 3: From Wanting to Willing to Commitment
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 **Module 5: Shift the Context**

- Lesson 1: Introduction
  - Lesson 2: From Entitlement to Appreciation
  - Lesson 3: From Concealing to Revealing
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 **Module 6: Shift the Context Part II**

- Lesson 1: Proactively Changing Agreements that No Longer Work for You
- Lesson 2: Claim your Genius