

YESES AND NOS TOGETHER

Jot down your three biggest yeses and three biggest nos from the last two exercises in the space below.

3 BIGGEST YESES

3 BIGGEST NOS

What might your life be like if you honored the inner wisdom of these three yeses and nos?

What would you be doing differently with your time and creativity?

Who would you be in community with?

What changes would ripple out into the world?